

## ALLERGY TESTING INFORMATION

Allergy & ENT Specialists  
of Central Florida



### **Making an Appointment:**

Our staff will work diligently to verify insurance coverage for Allergy Testing before making your appointment, we will contact you within the next 7 days with projected costs.

### **Instructions for testing:**

Please wear a short sleeved or a loose fitting shirt to your appointments. The following medications are NOT to be taken for 5 to 7 days prior to each allergy testing appointment:

<u>Prescription Antihistamines</u> AlleRx Clarinet Hydroxyzine (Atarax) Naldecon Periactin Rynatan Vistaril Levocetirizine (Xyzal)	<u>Non-Prescription Antihistamines</u> Actifed Alka-Seltzer Plus Sinus Allergy Allerest ARM BC Cold Powder Multi Symptom Benadryl Cetirizine (Zyrtec, Zyrtec D, and other brands) Chlor-Trimeton Fexofenadine (Allegra, Allegra D, and other brands) Comtrex Multi-Symptom Coricedin Dimetane Dimetapp Drixoral Loratidine (Claritin and Claritin D) Pediicare Night Rest Sinarest Sudafed Plus Tavist Triaminic Allergy Tylenol Allergy Sinus/Tylenol PM Vicks NyQuil Vicks Pediatric Formula 44M
<b>Prescription Antihistamine <u>Nasal Sprays</u> (not to be taken for 3 days prior to testing):</b> Astelin Astepro Patanase  All other nasal sprays are OK	

**PLEASE NOTE:** The above list may not be comprehensive. Please double check **all** over the counter medications you are taking, especially sleep aids, to ensure they **do not contain antihistamines**. If you are uncertain, please check with us.

Please notify the allergy nurse and/or physician prior to your visit if you are currently taking any **blood pressure medication** (specifically **Beta-blockers**) or are using any **eye drops to treat glaucoma**.

Again, if you have any questions regarding medications or testing, please do not hesitate to call us (407) 833-7415.

**For additional information about our practice, physician, location, and more, please visit us at [allergyentcentralflorida.com](http://allergyentcentralflorida.com)**